

# Healthy Discounts

GET HEALTHY AND STAY HEALTHY WITH HEALTHY DISCOUNTS!





### Find more Healthy Discounts

Call or go online. Make an appointment and be sure to show your Health Net ID card to get your discount.

## Fitness club discounts

### Active&Fit Direct

Enroll at [healthnetoregon.com](https://healthnetoregon.com)

877-771-2746

The Active&Fit Direct Program offers discount memberships to more than 11,500+ standard fitness centers. The cost is just \$28 a month (plus the first and second months' fee)<sup>1</sup>. Follow the steps below to sign up.

#### Group members:

1. Go to [healthnetoregon.com](https://healthnetoregon.com) and log in to your member portal account.
2. Select the *Wellness Center* tile, then choose *Healthy Discounts*.
3. Select the *Acupuncture, Chiropractic, Massage Therapy* from the drop-down arrow. Then select *ChooseHealthy*.
4. You will be sent to the *ChooseHealthy* homepage.
5. Select the *Active&Fit Direct* widget from the homepage to sign up or log in.

## Chiropractic, acupuncture and more<sup>2</sup>

### ChooseHealthy

Enroll at [healthnetoregon.com](https://healthnetoregon.com)

877-771-2746

Get a **25% discount** on fees from network acupuncturists, chiropractors and massage therapists. To access the ChooseHealthy website, click the *Wellness Center* tab.

## Health and wellness products

### ChooseHealthy & ChooseHealthy Store

Enroll at [healthnetoregon.com](https://healthnetoregon.com)

877-771-2746

Through the ChooseHealthy store, you can buy health and wellness products at a discount. Health Net members get free standard shipping on most orders. To access the ChooseHealthy website, click the *Wellness Center* tab.

## Eye care<sup>2</sup>

### EyeMed Vision Care

[eyemedvisioncare.com/healthnet](http://eyemedvisioncare.com/healthnet)

866-559-5252 (TTY: 711)

Get discounts on eye exams, frames and lenses. Discounts good at more than 20,000 stores like Target Optical and LensCrafters.

- **15% off** retail price for standard contact lenses.
- **35% off** retail price of any frame offered in store.
- \$50 single, \$70 bifocal, \$105 trifocal plastic lenses.<sup>3</sup>
- **15% discount** on retail laser vision correction.  
Or, **5% off** the promo price.

## Hearing aids and screenings<sup>2</sup>

### Hearing Care Solutions

[hearingcaresolutions.com](http://hearingcaresolutions.com)

866-344-7756

Health Net members can get free annual hearing exams. You also get **discounts on hearing aids**. All hearing aids include:

- Choice of up to nine major manufacturers.
- Fixed discounted pricing at multiple technology levels.
- 60-day evaluation period.
- Three-year warranty (includes coverage for repair, loss and damage).
- Two-year battery supply (up to 128 cells per ear, included with purchase of non-rechargeable hearing aids only).
- Follow-up care for one year with the original fitting provider.

For more information or to make an appointment, call Monday through Friday, 5 a.m. to 5 p.m., Pacific time. Or, visit the Hearing Care Solutions website.



(continued)





## NationsHearing

[nationshearing.com/healthnet](https://nationshearing.com/healthnet)

800-996-0234

Health Net members receive:

- Annual hearing exam with no out of pocket cost when obtain through a participating provider.
- 60-day, money back guarantee.
- Hearing aid fitting by a participating provider.
- Three-follow up appointments to a participating provider.
- 60-batteries per year per aid (three-year supply, does not apply to rechargeable hearing aid models).
- One-time replacement coverage for lost, stolen or damaged hearing aid (deductible applies).
- Earmold(s)- first set, when there is a clinical need.
- 36-months manufacturers repair.
- Financing options
- Concierge services by Member Experience Advisors.

For more information, call or visit the NationsHearing website at [nationshearing.com/healthnet](https://nationshearing.com/healthnet).

## **Nondiscrimination Notice**

Health Net Health Plan of Oregon, Inc., "Health Net" complies with applicable federal civil rights laws and does not discriminate, exclude people or treat them differently on the basis of race, color, national origin, ancestry, religion, marital status, gender, gender identity, sexual orientation, age, disability, or sex.

### **HEALTH NET:**

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, accessible electronic formats, other formats).
- Provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact Health Net's Customer Contact Center at 1-888-802-7001 (TTY: 711).

If you believe that Health Net has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by calling the number above and telling them you need help filing a grievance. Health Net's Customer Contact Center is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019 (TDD: 1-800-537-7697).

Complaint forms are available at <https://www.hhs.gov/ocr/complaints/index.html>.

**English**

No Cost Language Services. You can get an interpreter. You can get documents read to you and some sent to you in your language. For help, call the Customer Contact Center at the number on your ID card or call 1-888-802-7001 (TTY: 711).

**Amharic**

ለቋንቋ አገልግሎት ምንም ክፍያ የለውም። አስተርጓሚ ማግኘት ይችላሉ። የተነበበልዎትን እና የተወሰኑ በቋንቋዎ የተላኩልዎትን ሰነዶች መግኘት ይችላሉ። ለእርዳታ፣ ለደንበኞች ግንኙነት ማዕከል በመታወቂያ ካርድዎ ላይ የለውን ቁጥር ይደውሉ ወይም በ 1-888-802-7001 (TTY: 711) ይደውሉ።

**Arabic**

الخدمات اللغوية المجانية. يمكنك الاستعانة بمترجم فوري، كما يمكنك طلب قراءة المستندات عليك وإرسال بعض منها إليك بلغتك. للحصول على المساعدة، يمكنك الاتصال بمركز اتصالات العملاء على الرقم الموجود على بطاقة معرف العضوية الخاصة بك أو الاتصال على 1-888-802-7001 (TTY: 711).

**Chinese**

免費語言服務。您可以取得口譯服務。我們可以把文件朗讀給您聽，也可以把部分翻譯成您語言的文件寄送給您。如需協助，請撥打會員卡上的電話號碼聯絡客戶聯絡中心，或撥打電話 1-888-802-7001 (聽障專線 (TTY)：711)。

**Cushite (Oromo)**

Tajaajila afaaniif kaffaltii hin qabu. Turjubaana argachuu ni dandeessu. Sanadii isiniif dubbifamee fi afaan keessaniin muraasaan isiniif ergame argachuu ni dandeessu. Gargaarsaaf, Wiirtuu Qunnamtii Maamilaa tiif lakkoofsicha kaardii enyummaa keessan irra jirutti bilbilaa ykn 1-888-802-7001 (TTY: 711) itti bilbilaa.

**German**

Es stehen Ihnen kostenlose Sprachdienstleistungen zur Verfügung. Sie können einen Dolmetscher hinzuziehen. Die Dokumente können Ihnen vorgelesen werden und einige sind in Ihrer Muttersprache erhältlich. Für Unterstützung rufen Sie bitte unser Kundendienstzentrum unter der auf Ihrer Versicherungskarte angegebenen Nummer oder unter der Rufnummer 1-888-802-7001 (TTY: 711) an.

**Japanese**

無料の言語支援サービス。通訳をご利用いただけます。日本語で文書を読み上げたり、文書によっては日本語版をお届けすることも可能です。支援をご希望の方は、IDカードに記載の番号にてカスタマーコンタクトセンターまでお電話いただくか、1-888-802-7001 (TTY: 711)までお電話ください。

**Korean**

무료 언어 서비스. 귀하는 통역사를 이용하실 수 있습니다. 귀하에게 편한 언어로 서류 낭독 서비스 및 번역 서비스를 받으실 수 있습니다. 도움이 받으시려면 본인의 ID 카드에 기재된 고객 서비스 센터 안내번호 또는 1-888-802-7001 (TTY: 711)번으로 전화해 주십시오.

**Cambodian (Khmer)**

សេវាភាសាភីក្រិចថ្លៃ 1 អ្នកអាចទទួលបានសេវាបកប្រែឯកសារ និងអ្នកអាចឲ្យគេអានឯកសារជូនអ្នក និងផ្ញើឯកសារខ្លះជូនអ្នក ជាភាសាសស្តង់ដារ។ សំរាប់ជំនួយ ទូរស័ព្ទទៅមជ្ឈមណ្ឌលទំនាក់ទំនងអតិថិជន តាមលេខនៅលើប័ណ្ណ ID សស្តង់ដារ ឬហៅលេខ 1-888-802-7001 (TTY: 711)។

**Laotian**

ການບໍລິການດ້ານພາສາທີ່ບໍ່ເສຍຄ່າ. ທ່ານສາມາດຂໍບາຍແປພາສາ. ທ່ານສາມາດອ່ານເອກະສານ ແລະ ຈໍານວນໜຶ່ງໄດ້ສົ່ງໃຫ້ທ່ານເປັນພາສາຂອງທ່ານແລ້ວ. ເພື່ອຂໍຄວາມຊ່ວຍເຫຼືອ, ໄທຫາສາມາດຕໍ່ລູກຄ້າໄດ້ທີ່ເລກໝາຍຢູ່ເທິງບັດ ID ຂອງທ່ານ ຫຼື ໂທ 1-888-802-7001 (TTY: 711).

**Punjabi**

ਭਾਸ਼ਾ ਸੇਵਾਵਾਂ ਲਈ ਕੋਈ ਲਾਗਤ ਨਹੀਂ। ਤੁਸੀਂ ਦੁਆਰੀਆ ਪ੍ਰਾਪਤ ਕਰ ਸਕਦੇ ਹੋ। ਤੁਸੀਂ ਤੁਹਾਨੂੰ ਪੜ੍ਹ ਕੇ ਸੁਣਾਏ ਦਸਤਾਵੇਜ਼ ਪ੍ਰਾਪਤ ਕਰ ਸਕਦੇ ਹੋ ਅਤੇ ਕੁਝ ਤੁਹਾਡੀ ਭਾਸ਼ਾ ਵਿੱਚ ਤੁਹਾਨੂੰ ਭੇਜੇ ਗਏ ਹਨ। ਮਦਦ ਲਈ, ਆਪਣੇ ID ਕਾਰਡ 'ਤੇ ਗਾਹਕ ਸੰਪਰਕ ਕੇਂਦਰ ਨੂੰ ਕਾਲ ਕਰੋ ਜਾਂ 1-888-802-7001 (TTY: 711)।

**Russian**

Бесплатные услуги перевода. Вы можете воспользоваться услугами переводчика. Вам могут прочесть документы на русском языке и выслать переводы некоторых из них. Если вам требуется помощь, звоните в Центр обслуживания клиентов по номеру, указанному на вашей идентификационной карте, или по номеру 1-888-802-7001 (линия TTY: 711).

**Spanish**

Servicios de Idiomas Sin Costo. Usted puede solicitar un intérprete. Puede solicitar que se le lean los documentos y que algunos de ellos se le envíen en su idioma. Para obtener ayuda, llame al Centro de Comunicación con el Cliente al número que se encuentra en su tarjeta de identificación o llame al 1-888-802-7001 (TTY: 711).

**Tagalog**

Mga Walang Bayad na Serbisyo sa Wika. Maaari kayong kumuha ng tagasalang-wika (interpreter). Maaaring basahin sa inyo ang mga dokumento at ipadala sa inyo ang ilan nang nakasalin sa inyong wika. Para sa tulong, tumawag sa Customer Contact Center sa numero sa inyong ID card o tumawag sa 1-888-802-7001 (TTY: 711).

**Ukrainian**

Безкоштовні послуги перекладу. Ви можете скористатися послугами перекладача. Вам можуть прочитати документи на українській мові та надіслати переклади деяких із них. Якщо вам потрібна допомога, телефонуйте у Центр обслуговування клієнтів за номером, вказаним на вашій ідентифікаційній карті, або за номером 1-888-802-7001 (лінія TTY: 711).

**Vietnamese**

Dịch vụ ngôn ngữ miễn phí. Quý vị có thể yêu cầu phiên dịch viên. Quý vị có thể yêu cầu đọc các tài liệu và gửi một số tài liệu cho quý vị bằng ngôn ngữ của quý vị. Để được trợ giúp, hãy gọi đến Trung tâm Liên lạc Hộិ viên theo số điện thoại trên thẻ nhận dạng của quý vị hoặc gọi đến số 1-888-802-7001 (TTY: 711).



<sup>1</sup>There is a 2-month commitment required. The Active&Fit Direct Program is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated (ASH). ASH reserves the right to modify any aspect of the Active&Fit Program (including, without limitation, the Enrollment Fee, the Monthly Fee, and/or the Introductory Period) at any time by amending these Terms and Conditions. If ASH modifies a fee or makes a material change to the Program, ASH will provide you with no less than 30 days' notice prior to the effective date of the change. ASH may discontinue the Program entirely at any time upon advance written notice. The Active&Fit logo is a trademark of ASH and used with permission herein.

<sup>2</sup>Some benefit plans cover vision, hearing aids, chiropractic services and/or acupuncture services. To confirm your plan benefits see your plan coverage document for details or contact the Health Net Member Services Department.

<sup>3</sup>The discount is available only when a complete pair of glasses is purchased. Items purchased separately will be discounted 20% on the retail price.

Members have access to Healthy Discounts through current enrollment with Health Net Health Plan of Oregon, Inc. (Health Net). Healthy Discounts is not part of Health Net's commercial medical benefit plans. They are not affiliated with Health Net's provider network, and they may be revised or withdrawn without notice. Healthy Discounts is not intended to take the place of any covered benefits and is offered to the member in addition to, rather than instead of, covered benefits. This information is not intended as a substitute for professional medical care. Please always follow your health care provider's instructions. All programs are subject to change. Health Net Healthy Discounts offers discounts on health products and reduced-fee health services. Healthy Discounts providers are independent businesses. Members purchase services and/or supplies directly from these providers. Questions regarding the Healthy Discounts program should be directed to Health Net's Member Services Department. Questions regarding a Healthy Discounts provider should be directed to that provider.

Price and availability: Discounts for Healthy Discounts products are based on the providers' regular retail prices and usual charges. Providers' prices and charges are subject to change without notice. All discounted products and services are subject to availability. Some restrictions may apply. Liability: Health Net makes no endorsements or warranties on any of the products or services offered through the Healthy Discounts program and assumes no liability for such.

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